

## “When it is not just Haemorrhoids”

Rectal bleeding of any kind in the stool or on tissue paper is **not** normal. Haemorrhoids frequently cause rectal bleeding and are benign. Assuming however that haemorrhoids are causing your rectal bleeding without assessment can delay diagnosis and treatment of a more serious digestive illness.

### Haemorrhoids are unlikely to be the problem

- ♦ If you have chronic diarrhoea
- ♦ If you have severe abdominal pain
- ♦ If you have coloured rectal discharge
- ♦ If you have smelly rectal discharge
- ♦ If you have severe weight loss
- ♦ If symptoms started after age 40-50
- ♦ If faecal calprotectin or FIT test is high



If you have any of the above then colitis, crohn's disease, infections, polyps and bowel cancer amongst others could be masquerading as haemorrhoids.

[www.consultantgastroenterologist.co.uk](http://www.consultantgastroenterologist.co.uk)